Consultation example: Studies, learning, examinations

The initial situation:

First appointment on 30.05.2008:

On the advice of his mother, a young man came to us with the request that he needed assistance with his studies, or a solution to the problems he was having with his studies.

Although he did not know how this could be possible or could be brought about, he was very open to a possible solution.



Erfolgsmanagement

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We explained how we worked, and the procedure of our services with Quantec. He was particularly pleased with the idea that the problem could be solved by transmission, since this meant that he would have to be personally present only this one time – if he had to attend repeatedly, this would not only be a problem in terms of time, but also a problem of distance. We assured him that we had seen many of our customers only once in person, and then handle everything else by telephone or e-mail. This would otherwise be very difficult with a customer base ranging from London to Milan.

Brief description of the situation:

He is in the 4th semester of his studies in renewable energy sources, and in this semester has unfortunately passed only one of seven examinations. He was therefore in danger of failing the course. During the course of the interview, the following picture emerged: He learnt a great deal, but often exactly what was not, or only very marginally, tested in the examinations. He is very strict with himself, and also disciplined and dedicated, although his own expectations and demands are very high. He always liked school and his university studies, but since primary school he has always had the problem of "exam nerves" and "pressure to perform". Another common problem emerged, in that although he had learnt and understood the teaching material, he could only put this down on paper to a limited extent during examinations and written tests – a result of examinations stress.

I was already very familiar with similar descriptions and basic problems, since we have a great deal of experience in this area, and are often able to help pupils and students successfully with such problems.

Our task was therefore quite clear:

- 1. Passing the examinations
- 2. Approaching learning and concentration
- 3. Breaking down examinations stress preserving calm
- 4. Quick and effective learning and understanding of new knowledge
- 5. Promoting exact and complete reproduction of this information during examinations

On the basis of the circumstances described, we worked out a treatment programme (HealingSheet*) which covered these areas, including a general scan.

This treatment programme (HealingSheet) is available in developed form.

The transmission was initially set for three months, in order to see how everything would develop. After these three months, the changes were already very positive, so that the transmission, after minor additions and corrections, was extended for a further three months.

Changes within six months:

According to the responses of the student, his attitude to learning has changed for the better, and he has consequently achieved greater success. He now learns significantly more material which comes up in tests and examinations. During the preparatory phases, and also during the examinations and tests, he found that he was much more relaxed and calm than in previous years. He had become much more concentrated in his work, and therefore more capable. He now takes much more pleasure in his studies than before. He appears to me to be much more balanced and stable, no longer so insecure and jumpy, and much more self-confident.



Stephan A. König

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^{*} The QUANTEC® HealingSheet is a therapy program that contains all affirmations and remedies that are broadcasted to the client or the target. The HealingSheet is the result of an automated scan performed by QUANTEC®. www.quantec.eu / QUANTEC Consulting / Coaching 3

A further very interesting point also emerged: He had been able to fundamentally change his attitude towards a lecturer who had been very problematic for him, and consequently also towards the study subject in question. He therefore no longer looked for confrontation, but rather "now also for friendship" – and with great success, since the lecturer now also has a more pleasant attitude towards him.

All these positive changes produced measurable results: Of the seven examinations this semester, he passed six! Now all's right with the world!



He has since continued to use our services, and with increasing success. At the moment (January 2010) he is doing a practical. Due to his enthusiasm, his interest, and his positive attitude, he has already been promised a job on completion of his studies!

Stephan König

PS: The name, address etc. have been changed at the client's express request.